

LEARN, GROW, *Eat & Go*

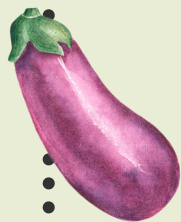
TEXAS A&M
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What is Learn, Grow, Eat, & Go?

Learn, Grow, Eat & GO! is a 10-week program that teaches 3rd – 5th grade students about gardening, healthy eating, and being active. The easy-to-follow program combines hands-on lessons (learn), garden activities (grow), opportunities to taste fresh vegetables (eat), and physical activity breaks (go)



Research, Evidence Based

Learn, Grow, Eat & GO! (LGEG) is a research-based, evidence-based curriculum project of the International Junior Master Gardener® Program. This is a 20-lesson curriculum extension that coordinates with Texas TEKS for 3rd – 5th grade students.



AUGUST 2, 2023
9:00 AM - 2:00 PM

Dallas County District 1 R&B Complex
715 Rowlett Road, Garland, Texas 75043

Cost: \$20

Information to purchase Learn, Grow, Eat, & Go curriculum will be provided at the registration link.
SBEC hours provided for teachers



To register visit:
<https://tx.ag/TeachLGEG>



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